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Morning Prayer



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Morning Prayer Common of the Blessed Virgin Mary

Greeting

Presider: God, ☩ come to my assistance.

All: Lord, make haste to help me.

Presider: Glory to the Father, and to the Son, and to the Holy Spirit,

All: as it was in the beginning, is now, and will be forever. Amen.

Hymn: O Sanctissima

1. *O san - ctis - si - ma, O pi - is - si - ma, Dul - cis vir - go Ma -*
 2. Com - fort in our tears, Re - fuge in our fears, Vir - gin moth - er, sweet
 3. ¡In - vic - tí - si - ma, Pia - do - sí - si - ma, Pí - de - nos, oh Ma -

ri - a! Ma - ter a má - ta, In - te - me - rá - ta,
 Mar - y! What - e'er our souls may need, Grant us, as we plead:
ri - ia! Muer - te di - cho - sa, Vi - da glo - ri - o - sa,

O - ra, O - ra pro no - bis.
 Pray, O pray for us, O Mar - y!
 ¡Rue - ga, rue - ga por no - so - tros!

Psalm 63:2-9

Antiphon:

Blessed are you, O Mary, for the world's salvation came forth from you; now in glory,

you rejoice forever with the Lord. Intercede for us with your Son.

Psalm Tone:

O God, you are my God, for you I **long**;
for you my soul is **thirsting**.
My body pines **for** you
like a dry, weary land **without** water.
So I gaze on you in **the** sanctuary
to see your strength **and** your glory.

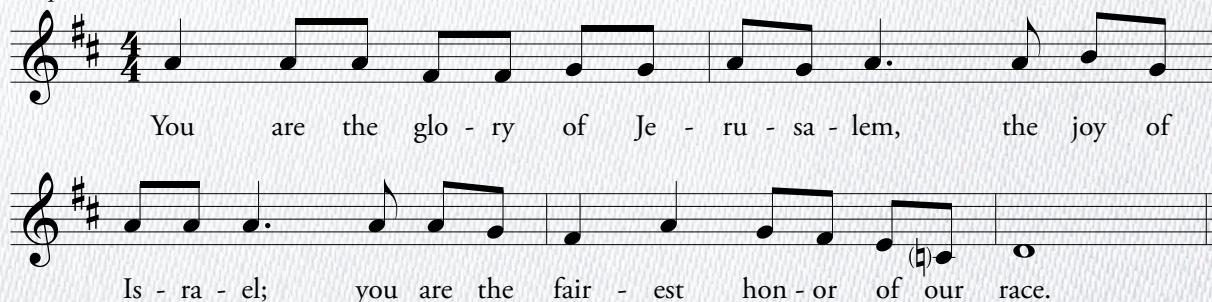
For your love is better than **life**,
my lips will speak your **praise**.
So I will bless you all **my** life,
in your name I will lift up **my** hands.
My soul shall be filled as with **a** banquet,
my mouth shall praise **you** with joy.

On my bed I **remember** you.
On you I muse through the **night**
for you have been **my** help;
in the shadow of your wings I **rejoice**.
My soul clings **to** you;
your right hand **holds** me fast.

Glory to the Father, and to the **Son**,
and to the Holy Spirit,
as it was in the beginning, **is** now,
and will be **forever**. Amen. *(Repeat Antiphon)*

Daniel 3:57–88, 56

Antiphon:



You are the glo - ry of Je - ru - sa - lem, the joy of
Is - ra - el; you are the fair - est hon - or of our race.

Psalm Tone:



Repeat for 5-line stanzas

Bless the LORD, all you works **of** the LORD,
Praise and exalt him above **all** forever.
Angels of the LORD, bless **the** LORD.
You heavens, **bless** the LORD.

All you waters above the heavens, **bless** the LORD,
All you hosts of the LORD, **bless** the LORD,
Sun and moon, bless **the** LORD.
Stars of heaven, **bless** the LORD.

Every shower and dew, **bless** the LORD,
All you winds, **bless** the LORD,
Fire and heat, bless **the** LORD.
Cold and chill, **bless** the LORD.
Dew and rain, **bless** the LORD.

Frost and chill, **bless** the LORD,
Ice and snow, **bless** the LORD.
Nights and days, bless **the** LORD.
Light and darkness, **bless** the LORD.
Lightnings and clouds, **bless** the LORD.

Let the earth **bless** the LORD,
Praise and exalt him above **all** forever.
Mountains and hills, bless **the** LORD.
Everything growing from the earth, **bless** the LORD.
You springs, **bless** the LORD.

Seas and rivers, **bless** the LORD,
You dolphins and all water creatures, **bless** the LORD.
All you birds of the air, bless **the** LORD.
All you beasts, wild and tame, **bless** the LORD.
You sons of men, **bless** the LORD.

O Israel, **bless** the LORD,
Praise and exalt him above **all** forever.
Priests of the LORD, bless **the** LORD.
Servants of the LORD, **bless** the LORD.

Spirits and souls of the just, **bless** the LORD,
Holy men of humble heart, **bless** the LORD,
Hananiah, Azariah, Mishael, bless **the** LORD.
Praise and exalt him above **all** forever.

Let us bless the Father, and the Son, and the **H**oly Spirit,
Let us praise and exalt him above **all** forever.
Blessed are you, LORD, in the firmament **of** heaven,
Praiseworthy and glorious and exalted above **all** forever.

(Repeat Antiphon)

Psalm 149

Antiphon:

O Vir - gin Mar - y, how great your cause for joy;
God found you worth-y to bear Christ our Sav - ior.

Psalm Tone:

Omit for 4-line stanza

Sing a new song **to** the LORD,
his praise in the assembly **of** the faithful.
Let Israel rejoice in **its** maker,
let Zion's sons exult in **their** king,
Let them praise his **name** with dancing
and make music with tim**bre**l and harp.

For the LORD takes delight **in** his people.
He crowns the poor **with** salvation.
Let the faithful rejoice in **their** glory,
shout for joy and take **their** rest.
Let the praise of God be **on** their lips
and a two-edged sword **in** their hand,

to deal out vengeance **to** the nations
and punishment on **all** the peoples;
to bind their kings **in** chains,
and their nobles in fetters **of** iron;
to carry out the sentence **pre**-ordained;
this honor is for **all** his faithful.

Glory to the Father, and **to** the Son,
and to the **H**oly Spirit,
as it was in the begin**ning**, is now,
and will be fore**er**. Amen. *(Repeat Antiphon)*

Reading

Isaiah 61:10

I rejoice heartily in the LORD,
in my God is the joy of my soul;
For he has clothed me with a robe of salvation,
and wrapped me in a mantle of justice,
like a bride bedecked with her jewels.

Responsory

Presider: The Lord has chosen her, his loved one from the beginning.
All: *The Lord has chosen her, his loved one from the beginning.*
Presider: He has taken her to live with him,
All: *his loved one from the beginning.*
Presider: Glory to the Father, and to the Son, and to the Holy Spirit.
All: *The Lord has chosen her, his loved one from the beginning.*

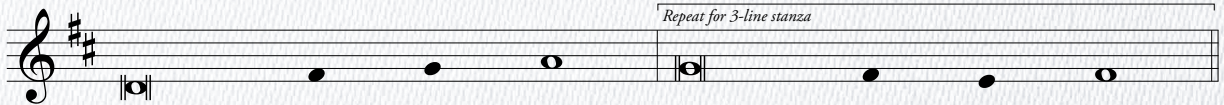
Canticle of Zechariah

Antiphon:



Eve shut all her children out of Paradise; the Virgin Mary opened wide its gates.

Psalm Tone:



Blessed ✕ be the Lord, the **God** of Israel;
he has come to his people and **set** them free.
He has raised up for us a **mighty** savior,
born of the house of his **servant** David.
Through his holy prophets he **promised** of old
that he would save us **from** our enemies,
from the hands of **all** who hate us.
He promised to show mercy **to** our fathers
and to remember his **holy** covenant.
This was the oath he swore to our **father** Abraham:
to set us free from the hands **of** our enemies,
free to worship him **with**out fear,
holy and righteous in his sight all the days **of** our life.
You, my child, shall be called the prophet of **the** Most High;
for you will go before the Lord to **prepare** his way,
to give his people knowledge **of** salvation
by the forgiveness **of** their sins.
In the tender compassion **of** our God
the dawn from on high shall **break** upon us,

to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.
Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and will be forever. Amen. *(Repeat Antiphon)*

Intercessions

Let us glorify our Savior, who chose the Virgin Mary for his mother. Let us ask him:

All: May your mother intercede for us, Lord.

Sun of Justice, the immaculate Virgin was the white dawn announcing your rising. Grant that we may always live in the sight of your coming.

All: Que tu santa Madre, Señor, interceda por nosotros.

Eternal Word, you chose Mary as the uncorrupted ark of your dwelling place; free us from the corruption of sin.

All: May your mother intercede for us, Lord.

Savior of mankind, your mother stood at the foot of your Cross. Grant, through her intercession, that we might rejoice to share in your Passion.

All: Que tu santa Madre, Señor, interceda por nosotros.

With ultimate generosity and love, you gave Mary as a mother to your beloved disciple. Help us to live as worthy sons of so noble a mother.

All: May your mother intercede for us, Lord.

Lord's Prayer

Closing Prayer + Dismissal

Acknowledgments

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